For decades, local folk musician Dave Fry has been entertaining adults and children. It’s not hard for Dave to capture the attention of a group of 5-year olds, especially when he pulls out his guitar.

The children “ooh” as he slowly takes it out of his case, pausing a few times for suspense, then a collective “ahh” happens as his six-string is fully shown and he prepares to play to students in the Learning Center’s Pre-K Counts classroom.

Throughout March and April, Dave taught the students about rhyming, rhythm, and different instruments during his weekly visits.

Much of his time with the students involves singing and dancing, and the students are excited to participate in the songs.

“I particularly love the challenge and the immediacy of playing music with the kids in the moment,” Dave said. “The kids change the arc of the song and I have to respond and follow their leads.”

Teaching music to the kids gives them a chance to play and sing as a group, and to hear each other’s voices, and hear the whole group singing, he added.

The lessons also provide a chance for the students to be creative with the song lyrics, their movement and social skills, setting them up for creative growth.

“One can hope that they may want to sing, play an instrument and perform later on in life, because it’s fun,” Dave said.

Working in partnership with the students, Dave is also writing a song for the students to sing at their May graduation. He started the process by asking the students what they love doing at school. During another lesson he taught them words rhyming with school.

These question and answer sessions will be developed into a short song to be performed at the graduation ceremony.

“Dave has a wide range of experiences, including a focus on working specifically with early childhood students,” says Nancy Frederick, director of The Learning Center. “He brings a love for music and a drive to learn and have fun at the same time.”

Learn how you...

Page 2: Can partner with us
Page 3: Made a meal for shelter residents
Page 4: Helped strengthen seniors
Page 6: Volunteered at TSA

www.ThirdStreetAlliance.org
**A Note From the Executive Director’s Desk**

**The Power of Partnerships Within the Alliance**

Partnership and collaboration is a way of life here at Third Street Alliance. It's actually embedded in our name – Alliance: a relationship in which people agree to work together. We live it on a cellular level as our programs share space, resources and staff. We see it in our staff, board, and volunteers who work in concert to achieve a common mission.

We also live it on a community level by participating with donors, community residents, nonprofit partners, government institutions, local corporations and businesses, schools and universities, civic and faith-based groups to alleviate social and economic problems and lift up the members of our community who need a hand.

There is creativity, passion and joy to this work and the trust and respect built while pursuing shared goals and achievements make our partnerships stronger. Thank you for being a partner. If you haven't become involved in our Alliance, call us today to find out how you can get on board.

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**Your Generosity Changes Lives**

At Third Street Alliance, each day we see the many ways our donors and volunteers enhance the lives of those we serve. Your generosity of time, talent, and treasure touch the lives of young and old. We sincerely thank everyone that contributes to the success our clients find. Your gifts touch people not just today, but continue to keep TSA financially strong to meet future needs. Below are just some of the ways to help:

- **Making donations through cash, check, or credit card.** Simply use the enclosed donation envelope or visit thirdstreetalliance.org to make a donation online.

- **Making donations of goods.** Wish lists, available on our website, provide information on exactly what is needed. Donations of gift cards to Walmart, Target, Kmart, Lowes, Home Depot, etc. are always appreciated.

- **Volunteer.** Your help makes a difference; From holding babies to painting walls, from helping at events to cleaning closets, many hands make light work!

- **If you shop through the Amazon Smiles charitable program on Amazon.com.** Select Third Street Alliance as your charity and we receive a percentage of your purchase, at no cost to you! Information can be found at smile.amazon.com.

- **If your employer matches your donation, please process the needed information and advise us.**

- **Hold a fundraiser on behalf of TSA – do you belong to an organization that raises funds for charitable donations and they want to support TSA?** Please contact Kim Rose for information.

- **Supporting Third Street Alliance through payroll deductions through United Way, or other employer charitable programs.**

- **If you are holding an event – from a small bridal or baby shower to a large party, we will work with you to produce an exceptional experience for your guests. Please contact Wendy Hughes at 610-258-6271 ext. 201 to discuss our facility rental packages.**

- **Include Third Street Alliance in your estate planning.** There are many different ways from which to choose – naming TSA a beneficiary in your will or an insurance policy or donation of stock are just a few.

Your attorney or financial planner can provide guidance. If you have already made provisions for TSA to be a beneficiary, please contact Kim Rose at 610-438-9423 so that we can include your name in our Simon Society which recognizes those that have included TSA in planned giving.

Thank you!
Making a meal for someone else becomes a beneficial experience for the cook and the recipient of the food.
Twice a week, students from Lafayette College get to experience that transaction when they come into TSA and make a meal for the shelter residents, often times developing relationships with those they are feeding.
As part of the Meals at Third Street Program, the students pick the recipes, shop for the ingredients, and prepare them in the common kitchen space in the Simon Mansion. The students make certain the meal is completed within an hour of starting the cooking.
The Meals at Third Street program was founded in 2001 and is supported by the Eric R. Thorpe ’89 Memorial Fund for Community Outreach through Lafayette College, according to student and current leader of the group Kaitlin Kinsell.
Until this January, the students came to cook only one night a week; now, the students are able to come and cook twice a week.
“We are hopeful that we will be able to continue the program twice a week in the future semesters, depending on the program’s available funds,” Kaitlin said.
The volunteers are asked to submit a recipe at the beginning of the semester for meal planning. Input is often sought from the residents on their favorite foods. After that, Kaitlin goes to Pinterest to fill in the blanks. Students are expected to attend education and reflection events throughout the semester, as well.
“We try to make sure there are a lot of different options for each meal, so if someone doesn’t like something, there is still a lot to choose from,” Kaitlin said.
For the students, the program becomes more than just cooking, but includes sharing a meal and moments with the residents, catching up with what is happening in the residents’ lives, and celebrating the special moments such as birthdays and new jobs.
“Every week, the volunteers look forward to seeing the residents. You form bonds with them and love the moments you are able to share,” Kaitlin said.
Gaining Strength
Fox Rehabilitation brings physical therapy to adult day care

Running between doctors’ offices and different appointments is stressful for many caregivers. With loved ones in Sharing the Caring, our adult day care program, one partner, Fox Rehabilitation, is cutting down that stress by visiting the clients on-site.

The company provides physical or occupational therapy to those that may need it on site at STC.

Physical therapy isn’t just for those getting over an injury, but also providing aid to those who have suffered small strokes and other setbacks.

Fox Rehabilitation’s partnership is just one within the program. The therapy sessions are paid for by the client’s insurance.

Caregiver Pat says her husband, Tom, is in less pain and moves better at home since starting the therapy sessions. She said she would recommend other families take advantage of the service.

Twice a week, Tom can be seen walking through the mansion during his sessions.

Before a client is able to receive the services from Fox Rehabilitation, a therapist will come into Sharing the Caring and do an assessment of the client. Once they are able to start rehabilitation treatment, a visiting therapist comes in weekly to work with our seniors.

For the clients in Sharing the Caring, physical therapy is an opportunity to become stronger and decrease the risk of falling. The therapy sessions focus on strength and balance, helping to improve the client on walking, balance and posture, which are all important as the body ages.

Some seniors will learn how to use furniture and other props to become stronger. Others will work on how to use and get around with a walker.

“Fox Rehab is a tremendous help. They are very dedicated to their clients. There is less chance of them falling. There is a marked improvement in how they walk or use their walkers and it helps with bathroom use,” said Mahpareh Fakharie, director of Sharing the Caring.
To be added to our email list, please contact londrusek@thirdstreetalliance.org, or visit our website.

**Bistro Success!**

The 21st Annual Bistro was a success, thanks to you, our supporters and donors. You were able to raise more than $45,000 for our programs! Thank you for your continued support to provide a safe and healthy space for women, children, and families to live, learn and thrive!

*Top Left:* Makeda Vines speaks about her journey and how TSA helped her and her three kids. *Top right:* Volunteers David Rose, Dinoli Rolands, Davene Perusso, and Sandee Kennedy greet Bistro guests. *Bottom Left:* Bistro attendees look over silent auction items. *Bottom Right:* The gym was turned into a beautiful dining hall with a circus theme.
Volunteers Come Together

Those who volunteer know the rewarding feeling that comes from being involved with something that you love.

In recognition of our volunteers, Third Street Alliance held a reception for them. Each volunteer that attended received a Third Street Alliance pin.

Department leaders and volunteers enjoyed the social time and the opportunity to learn more about each other. A slideshow of project highlights brought to light the invaluable contributions made by these volunteers.

For Grace Fried, volunteering at Third Street Alliance for the last 10 years has involved learning something new each Tuesday.

“Volunteering makes you feel a part of something,” Grace said. “It is very important to just do things for others.”

Grace has helped the administrative staff with filing, research, recording information, counting quarters and other projects the administrative staff gives to her.

As a registered dietitian and nutritionist, Grace also reviews the menus for the adult and child care programs.

In 2016, volunteers like Grace put in more than 2,000 hours of service helping to clean and renovate shelter rooms, plan events like our Sock Hop and Bistro, babysit children, and provide programs for our Learning Center and Adult Day Care, and so much more. Join our team of volunteers! Contact Wendy Hughes, Director of Administration, at whughes@thirdstreetalliance.org to start the process of becoming a volunteer.

In Memoriam – Amanda Miner

Amanda Miner was a unique young woman. This Lafayette junior volunteered in our afterschool program for three years. She was enthusiastic and passionate about working with children and had an innate ability to recognize each child as an individual and tailor her attention to their unique needs.

She is greatly missed by the children and staff at Third Street Alliance. Her dedication to volunteer work was honored by her peers and her family last month when they spent the day at Third Street Alliance giving back in her memory.

Over the summer we will be renovating the Learning Center Library and dedicating the space to recognize Amanda Miner and her commitment to children.

You’re Invited!

June 16
Senior Prom!
12:30-3 p.m.
Our Sharing the Caring clients will be hosting its annual Senior Prom! Adult Day Care client families are invited to enjoy the afternoon with their loved ones, along with lunch and dancing!

June 24
Easton Rocks 2
5-10 p.m.
Support Third Street Alliance while rocking out to local bands during the second installment of this fundraiser presented by DustinSchoof.com. Tickets cost $15 and can be purchased at the door.

July 10
Tea with Elizabeth
12-4 p.m.
Join us on Easton Area Heritage Day and have iced tea with Elizabeth Simon on the porch of the Historic Simon Mansion!

For more event information, visit www.thirdstreetalliance.org/events